

## **ORGANIC TATEISHI KAZU VEGETABLE SOUP**

### **Direction to use for Cancer Patients**

Best time to drink – **first thing in the morning**. Then after **30 minutes** you can eat or take medications.

If you absolutely need to take medication first thing in the morning, then you should wait **1 hour** after you took **Chinese herbs medication** before you drink the soup. **For Western medication** you should wait for 2 hours after you took the medication to drink the soup.

For the 1st week:

Soak 1-2 packs (if you have low blood pressure, start with 1 pack for the first 3 days and then add to 2 packs) of soup in 600cc Vacuum Flask for 2 hours with filtered boiling water at night. **Take the soup packs out after 2 hours**. Leave the soup in the flask and drink the soup first thing in the morning. Drink the rest of the soup 30 to 60 mins before dinner.

For the 2<sup>nd</sup> week onwards:

Soak 4 packs of soup in 1.2L Vacuum Flask for 2 hours with filtered boiling water at night. **Take the soup packs out after 2 hours**. Leave the soup in the flask and drink the soup first thing in the morning. Drink the rest of the soup 30 to 60 mins (empty stomach) before dinner.

For re-occurrence patient:

After taking 4 packs of soup continuously for 2 months, you need to proceed to 8 packs a day. Soak 4 packs at night (same procedure as above), and consume the soup in the morning. Soak 4 packs for 2 hours and consume the soup (empty stomach) one hour before dinner.

It is advisable to eat 3-4 fruits everyday i.e. oranges, apple, kiwi etc (except mango, pineapple, Lichi and Durian). Try to exercise a bit, i.e. walking. **AVOID BEEF OR ANY DIARY PRODUCTS.**

### **For Kidney and Skin problem patient:**

Start with 1 pack a day soak or boil with 400 cc water for the first 2 weeks. And then you can gradually increase to 2 packs a day.

Chemo Therapy:

**Do not drink the soup on the day of Chemo treatment**, but please drink the soup every day one week prior or at least 3 to 4 days (3-4 packs dose) before Chemo Therapy starts. And resume the soup as per 2<sup>nd</sup> week dosage after completion Chemo Therapy.

The content in the soup pack can be used in meals, i.e. put into chicken broth and consume as vegetable, or make omelette etc for yourself and your family. Or re-soak the used soup packs you stored in the fridge to water the dying plants. Or put the content of the packs in the mud at the root of your plants or trees. They are good organic vegetables make good use of them.

**Be happy and have faith, you will succeed in fighting the cancer.**